## A Comprehensive Review of Craniofacial Dysmorphology

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#### ABSTRACT

The cranio-facial complex undergoes postnatal growth and remodeling, achieving its full potential during adolescence. The timing of facial development differs between males and females, with males achieving facial maturity between the ages of 12 and 14, and females achieving it roughly two years later. Neurofibromatosis type 1, hemifacial microsomia, Tracer Collins syndrome, Moebius syndrome, and other frequent craniofacial dysmorphologies are all examples of common craniofacial dysmorphologies. Despite the fact that this one had a lot of cranial-facial abnormalities, more rigorous reviews should be conducted.

Keywords: Craniofacial Dysmorphologies, Neurofibromatosis type 1.

#### Introduction

In comparison to other great apes as well as within our own species, the facial appreance of human beings & its related cranial and facial structures" has been significantly declared different from past various studies.<sup>1</sup> The evolution of human craniofacial structures, in comparison to the nearest living mutative family are mainly "chimpanzees and bonobos", has played a very important function in the evolution for human crainofacial struuctures. These changes have also potentially aided in adaptations related to bipedal locomotion, dietary habits, and speech articulation<sup>2,3,4</sup> "In accordance with the swift development of craniofacial characteristics, contemporary human craniums display diverse features compared to those of species who extinct hominins such as Homo erectus, archaic humans, and Neanderthals".5 Conversely, It has been suggested that certain facial traits (such as nose shape) promote climate modification in human societies.<sup>6</sup> Because of its role in permitting biological adaptations, the human face is not only an important component of communication and social interactions but also a strong target of sexual selection.<sup>7,8</sup> As a result, the medical implications of craniofacial anomalies, which are among the most common congenital illnesses, are substantial, as are the social consequences for patients and their families. It is critical to understand the processes underlying human craniofacial variation in both health and sickness in order to create therapeutic strategies, treatment regimens, and reconstructive

techniques for a wide variety of craniofacial abnormalities.

# Embryology : Development Normal Anatomical Face

Throughout the embryonic stages, particularly between the third and eighth weeks of gestation, a complex process happens that culminates in the face.<sup>9</sup> Cranial neural crest cells (CNCCs), a transitory cell population that arises from the neural folds of the developing craniofacial plate, are the principal source of tissues for the craniofacial complex. After being characterized, cranial neural crest cells (CNCCs) migrate to the embryo's ventral half after undergoing an epithelial-to-mesenchymal transition. The aforementioned process ultimately leads to the formation of the craniofacial skeleton and connective tissue through the process of differentiation into cartilage, bones, and tendons.<sup>10</sup> In the initial phases of embryogenesis, there is a clear differentiation between the cranial neural crest cells (CNCs) responsible for generating the frontonasal prominence and those that populate the four pharyngeal arches. This event represents a significant division in the development of craniofacial tissues. The prominence located at the junction of the frontal and nasal bones, known as the fronto-nasal prominence, plays a crucial role in the morphogenesis of the forehead and nasal bones, particularly in the formation of the nasal bridge and dorsum. The paired maxillary and mandibular prominences are of embryonic origin and arise from the first branchial arch. These prominences remain distinct from each other because of the presence of the

stomodeum. The residual branchial arches are responsible for the development of structures outside of the craniofacial region. During the fifth week of embryonic development, the frontonasal prominence undergoes thickening on both sides, leading to the formation of nasal placodes that eventually give rise to the lateral and medial nasal prominences. The convergence of the mandibular prominences at the midline also influences the development of the jaw, chin, and lower lip. The process of merging the medial nasal prominences is followed by the merging of the maxillary prominences around seven weeks after conception, ultimately culminating in the development of the central anatomical components of the nose (columella) and the upper middle region of the lip (philtrum). When the lateral nasal prominences and the maxillary prominences come together, the sides and wings of the nose form. During the remaining weeks of pregnancy, the existing structures undergo a process of growth and development.<sup>11</sup>

The convergence of the mandibular prominences at the midline also influences the development of the jaw, chin, and lower lip. The process of merging the medial nasal prominences is followed by the merging of the maxillary prominences around seven weeks after conception, ultimately culminating in the development of the central anatomical components of the nose (columella) and the upper middle region of the lip (philtrum). When the lateral nasal prominences and the maxillary prominences come together, the sides and wings of the nose form. In the last stages of pregnancy, the structures that were already there grow and mature. This led to the discovery of three fundamental principles: (a) the importance of neural crest-specific cell-autonomous patterning; (b) the importance of neural ligands as embryo regionspecific environmental cues for proper neural patterning; and (c) the observation that different combinations of the same neural crest patterns result in different craniofacial development. The generation of sequence-specific transcription factors through cellautonomous and signaling-responsive pathways is a crucial method for achieving the desired patterning.<sup>12</sup>

"Several key signaling pathways that convey environmental signals to (CNCCs) and other types of craniofacial have been previously explored in detail in various studies". Listed are some of the few ones as follows: transforming growth factor beta  $(TGF-)^{13}$ , fibroblast growth factor (FGF)<sup>14</sup>, bone morphogenetic protein (BMP)<sup>15</sup>, Sonic hedgehog (Shh)<sup>16</sup>, wingless/Int-1<sup>17</sup>, and TGF- $\beta^{18}$ . "naddition, studies done on birds had showed that species-specific feature for cranio -facial complex was mainy driven by the neural crest. Hence, (CNCCs) may be a major important factor for determining the craniofacial dysmorphology, despite their complex interactions presence between CNCCs and other cell types in the formation of craniofacial structures.<sup>19</sup>

"Various studies have shown that the craniofacial complex further leads to postnatal growth and remodeling, achieving its maximum potential during the period of adolescence".<sup>20</sup> There exists a discrepancy in the timing of facial development between males and females, with males achieving facial maturity at ages 12 to 14 and females reaching this milestone approximately two years later.<sup>21</sup> The process of remodeling is frequently influenced by the balance between osteogenesis, which involves the generation of new bones by osteoblasts, and osteoclastogenesis, which involves the breakdown of old bones by osteoclasts. Biomechanical stressors are partially responsible for the typical formation and dissolution processes.<sup>22</sup> While it is certain that various factors play a role in remodeling variation, the specific mechanisms through which they exert their influence remain largely ambiguous. "Recent studies have indicated the existence of skeletal stem cells in various regions of the body".<sup>23,24</sup>

## Most Common Dysmorphology Of Craniofacial

## A. Neurofibromatosis Type 1

"According to various past studies ,patients with NF1 often have a short mandible, maxilla, cranial base, and low facial height".<sup>25,26</sup> "Research done in 2012 by Visnapuu et al., concluded that around 20% of patients have an expanded mandibular canal".<sup>27</sup> In addition, according to many studies there was an increased length of the coronoid process, hypoplastic condyles, and zygomatic processes as well as increased frequency of the Class III molar relationship which can be observed in the posterior border of the mandibular ramus. On the basis of various studies conclusion, when the frequency of crainofacial dysmorphology (such as asymmetries and hypertelorisms) was compared between an NF1 reference group and the patients were with most severe NF1 phenotype (i.e., with type-1 NF1 deletions; see previous paragraph) which leads to be significantly lower frequencies of facial dysmorphology, then they observed that the entire NF1 reference group (6-8%)compared to the NF1 deletions (28%).<sup>28</sup>

#### **B.** Hemifacial Microsomia

"A study done on 2015 concluded that forty seven out of 51 patients (92%) present with uni- or bilateral (24/23) ear abnormalities that were associated with hearing loss".29 Study done in 2014 where, HFM was present in 90% of the patients, which is consistent with its connection with facial nerve palsy (FNP). FNP may alter craniofacial growth asymmetry in addition to mandibular condyle hypoplasia and soft tissue asymmetry.<sup>30</sup> Among the most common craniofacial abnormalities of HFMin are hypoplasia of the zygomatic, mandibular, and maxillary bones, as well as hypoplasia of the facial muscles.<sup>29</sup> Upper eyelid colobomas are a rather common condition. Although most cases impact just one side, bi-lateral involvement has been seen. Patients with HM present an upward cant of the occlusal plane, a smaller occlusal plane, and a smaller occlusal plane.<sup>31,32</sup>

## C. Treacher Collins Syndrome

"Not more recently ,Vincent et al. (2016) have demonstrated the incidence of all clinical features observed in TCS1 in 70 patients. These authors proved that the vast majority of the symptoms were: craniofacial and comprised downward-slanting palpebral fissures (in 100% of the patients); malar hypoplasia (in 99%); conductive deafness (in 91%); mandibular hypoplasia (in 87%); atresia of the external ear canal (in 72%); microtia (in 71%); coloboma of the l; andower eyelid (in 65%); facial asymmetry (in;53%), and projection of scalp hair onto the lateral cheek (in 48%)".33 "In Vincent study, TCS1 patients were more likely to develop choanal stenosis or atresia (14%), as well as a research cleft palate (22%). It has also been reported that many children with TCS (of any form) have a narrow arched palate, maxillary hypoplasia, and a retrognathic jaw. Soft tissue hypoplasia is observed on the face.33 " In various studies complex temporomandibular joint defects have been associated with anterior open bites of varying severity".28 Some research has reported that many patients had cleft palate with or without cleft lip.28

## **D.** Möbius Syndrome

"Studies have proved that sucking difficulties and excessive drooling are usually the first symptoms, followed by breathing difficulties".<sup>34</sup> Studies have also concluded in past that as children becomes older , his or her inability to regulate his or her facial muscles and eyes becomes more evident.<sup>35,36</sup> Other anomalies commonly associated with cleft lip and cleft palate include jaw abnormalities and orofacial dysmorphology have been illustrated in past studies.<sup>28</sup> "Studies proved that MBS children are commonly born with chronic micrognathia and microstomia".<sup>28</sup> "Studies also concluded that around 30% of patients with this disorder have a cleft palate and their maxillae are usually tiny and arched upwards.<sup>28</sup>

## E. Eec-Syndrome

EEC patients are more likely to have an orofacial cleft. Microcephaly, premaxillary protrusion, and midfacial, zygomatic, maxillary, and mandibular hypoplasia all occur in 1–5% of EEC patients. Studies have also proved that SNPs in a TP63 enhancer were linked to lip clefts with or without cleft palate (CL/P) in genome-wide meta-analyses of non-syndromic orofacial clefts.<sup>28</sup>

## F. Kabuki Syndrome

"Many studies have concluded (KS) crainofacial charateristics which includes Microcephaly, a short columella, a broadened nose tip, arched eyebrows, long eyelashes, long palpebral fissures with eversion of lateral parts of the lower lids, and large protruding or cupped".<sup>28</sup> "Studies have concluded that almost half of all KS patients have a cleft palate, and those who do frequently have a highly arched palate as well. Open bites, unilateral posterior cross bites, and Angle class III malocclusions are all commonly seen".<sup>28</sup>

## G. Kallmann Syndrome

A cleft palate has been reported in various past studies about one-fifth of KAL-1 patients. Patients with Kallmann had showed increased mandibular angulation in addition to severe mandibular and maxillary retrognathiain a lot of previous studies.<sup>28</sup>

## H. Pierre Robin Sequence

According to previous studies conducted, it has been found that cleft palate is a prevalent condition among patients diagnosed with PRS, with a reported occurrence rate ranging from 75% to 100%. The mandibular morphology and location of patients with PRS exhibit variability based on the presence and characteristics of co-occurring disorders.When comparing patients with isolated Pierre Robin Sequence to healthy controls, it was observed that the ratio of ramus height to mandibular body and the gonial angle were both higher. Furthermore, it has been observed that individuals with nonsyndromic Pierre Robin Sequence exhibit elevated palatal and mandibular plane inclinations, in addition to a reduced cranial base and maxillary length. The absence of any indication regarding the manifestation of teenage catch-up development in the mandible may serve as a preventive measure against mandibular micrognathia, as suggested by previous studies .<sup>28</sup>

#### I. Van Der Woude Syndrome

"The prevalence of clefts in VWS patients exhibits a broad range, as documented by various studies with reported rates ranging from 21% to 100%.<sup>28</sup> The maxillary height and sagittal length of patients with Velo-Cardio-Facial Syndrome (VWS) exhibit indications of insufficient growth. This phenomenon has been observed in previous studies, where a smaller angle between the nadir (ANB) and the bregma indicates a certain characteristic." The findings of previous studies did not support the aforementioned conclusions." According to past studies, individuals with Van der Woude syndrome (VWS) exhibit a reduced lower pharyngeal airway width in comparison to those without the syndromic type of orofacial clefting (OFC)".<sup>28</sup>

#### J. Coffin-Lowry Syndrome

Craniofacial anomalies exhibit a non-specific presentation in newborns with Claes-Jensen syndrome (CLS), and the distinctive facial features associated with the syndrome do not manifest until the child reaches two years of age. "The majority of affected males and some affected females exhibit typical craniofacial traits, including a broad forehead, hypertelorism, a flat nasal bridge, a downward slope of palpebral fissures, large and thick ears, and a wide mouth with lip ridges". Studies have concluded that posited that the aforementioned traits exhibit a decline in quality as individuals advance in age. The prevalence of high, narrow palates and malocclusions, such as open bites in the front, has been reported in previous studies.<sup>28</sup>

#### K. Opitz Gbbb Syndrome

"It has been clarily indicated with various past studies that a low-set ear position, a thin upper lip, a flat nasal bridge, and a prominent forehead with a widow's peak hairline are some of the craniofacial traits associated with this syndrome estimate that half of all people are born with a cleft lip and/or palate".<sup>28</sup>

#### L. Smith-Lemli-Opitz Syndrome

Previous studies have identified a range of craniofacial symptoms associated with this disorder, including microcephaly, bi-temporal constriction, ptosis, a short nose with anteverted nares, low-set and retroverted ears, ocular problems and hypertelorism, a small chin, and micrognathia. According to some, elevated levels of 7DHC are linked to additional clinical features such as cleft palate and bifid uvula. The occurrence of cleft palates was documented in 40–50% of patients, as reported by many studies in past. <sup>28</sup>

Publication	SNP	Gene	Effect
Paternoster et al., 2012	rs7559271	PAX3	Nasion-midendocanthion distance
Liu et al., 2012	rs4648379	PRDM16	Nose width and nose height
	rs168686344, rs12694574, rs974448	PAX3	Distance between eyeballs and nasion
	rs17447439	TP63	Distance between the eyeballs
	rs6555969	C5orf50	Nasion position
	rs805722	COL17Á1	Distance between eyeballs and nasion
Adhikari et al., 2016	rs12644248	DCHS2	Columella inclination
	rs1852985	RUNX2	Nose bridge breadth
	rs17660804	GLI3	Nose wing breadth
	rs927833	PAXI	Nose wing breadth
	rs3827760	EDAR	Chin protrusion
Shaffer et al., 2016	rs6129564	MAFB	Cranial base width
	rsl7106852	PAX9	Cranial base width
	rsl7106852	MIPOL1	Cranial base width
	rs619686	ALX3	Intercanthal width
	rs11093404	HDAC8	Intercanthal width
	rs2424399	PAXI	Nasal width
Cole et al., 2016	rs79909949	SCHIPI	Centroid size
	rs12909111, rs12908400	PDE8A	Allometry

TABLE 1 : FACIAL MORPHOLOGY BY GWAS.<sup>37</sup>

#### Conclusion

The process of craniofacial morphogenesis is intricate and involves the regulation of signaling networks and gene expression patterns in a spatial and temporal manner. It commences with the production and migration of cranial neural crest cells and advances towards the development of facial prominences and their corresponding structures. The cranial-facial complex undergoes growth and alteration after birth, achieving its maximal capability in adolescence. Males reach facial maturity at the age of 12–14, while females reach it two years later. This review included several crainofacial deformities; however, further indepth reviews should be conducted.

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